

Alexandria Gazette.

MONDAY EVENING, OCT. 2 1899

Strawberries For the Gouty.

A writer in Nature speaks of the cruel medical tyranny which banishes the strawberry from the diet of the gouty and quotes what Linnaeus had to say about the curative properties of this delightful fruit. This great naturalist was persuaded to take strawberries during a severe attack of sciatica, with the result that a sweet sleep ensued, and when he awoke the pain had sensibly subsided. On the next day he ate as many strawberries as possible, and on the following morning the pain was gone and he was able to leave his bed. Gouty pains returned at the same date in the next year, but they were dispersed as soon as Linnaeus was able to get strawberries.

Although strawberries are forbidden to the gouty by some authorities, by others they are permitted, the fruit being regarded as a useful food for gouty persons on account of its richness in the salts of potash, soda and lime and its cooling, diuretic and laxative qualities. The analysis of the strawberry shows it to be particularly rich in soda salts, and in spite of the high percentage of water this fruit excels all other common fruit in the amount of mineral salts. The chemistry of the strawberry, therefore, would teach that this fruit is likely to be beneficial in gouty states.—Lancet.

A Small Enter.

The most impudent man who ever hit up these parts revealed himself the other day. He is a prominent New York patent attorney. He arrived in town on a hurry-cavest case, and his correspondent here, one of the best known of the Washington patent attorneys, invited him home for dinner. The citizen had telephoned warning to his wife, so that she had a chance to spread herself in preparing the meal. It was a swell dinner, bougie and dainty, and the New York man waded into it with the appetite of a rescued whaler. From soup to nuts he was right there. He ate like a piano mover. He took a back at each and all of the dishes, and he wasn't bashful about the wines either. When finally it was all over and he had encircled his demitasse, he pushed back his chair, wiped his chin with his napkin, sighed contentedly and remarked to his hostess:

"Now, wouldn't a man could make a meal off a little snack like this?"—Washington Post.

An Exciting Race.

"I reckon the most exciting race I ever see" observed the man with the faded hair, after an interval of silence, "was between two Mississippi river steamboats. The engineers crammed the furnaces with bacon and everything else in the cargo that would make a hot fire. The Prairie Rose was the name of one boat and the Minnesota Belle was the other, but everybody knew it was a race between the engineers, for the reason that they'd had a fight in St. Louis once. I was on the Rose, and we was chinning the passengers on the Belle. It wasn't more'n 40 feet away, an the boat that got around the big bend first we knowed would win the race."

"Which got there first?" asked one of the listeners, tired of the oratory.

"Well, the engineer of the Minnesota Belle got there first," rejoined the man with the faded hair. "Or parts of him did. His boiler exploded."—Chicago Tribune.

A Country Editor.

We look into a cradle and behold a male child. At the age of 10 he is a noisy kid, with half the buttons off his pants and an eye for meanness. At the age of 15 he is a devil in a print shop; at 25 the publisher of a country newspaper, at the head of every enterprise calculated to improve the town or enrich the business thereof; at 35 he is an emaciated and worn-out man, with holes in his pockets and a bald head; at the age of 50 he is a corpse in a cheap coffin, and his only resources left behind are two cases of long primer type, a Washington handpress and a subscription book with 500 delinquent subscribers, who line up and march past the coffin, saying, "He couldn't have anything."—Metal Polisher.

Under Difficulties.

"Thou canst not say no?" he cried passionately. "Wouldst thou say no? Look! I seal thy lips with kisses!" She regarded him with mingled pity and scorn.

"No," she said, through her nose, for it was not in vain that she had been born and bred in New England.—Detroit Journal.

Citing His Authority.

Caller—Where's Mr. Hare?
Smart Office Boy (with a grin)—Can't say. He's dead.

Caller—Why, I saw him myself this morning.

Boy—Well, anyhow, there's a sign over across the street there wot says, "Hair Dyed Here."—Kansas City Independent.

His Position.

"I didn't say he was a federal employee."

"I understand you to say he was a department clerk."

"He is. He has charge of the button counter in Wholecloth's department store."—Columbus State Journal.

The British museum contains a very full collection of clay pipes, dating back as far as the sixteenth century. The custom of waxing the pipe end, to prevent it sticking to the lips, was introduced by the Dutch about the year 1700.

If you can't possibly do a certain thing, try to do it, and people will admire you for being "ambitious."—Atchison Globe.

Old fashions in dress may be revived, but no old-fashioned medicine can replace Chamberlain's Colic, Cholera and Diarrhoea Remedy. For sale by all Druggists.

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August is the month when every wide-

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